

WHY GO WITH US?

The trip will be led by U.S. Hall of Fame inductee Mike Fraysse. Mike was a two-time Olympic Team Manager and three-time President of the U.S. Cycling Federation. He has made 26 trips to Cuba, visiting every province and major city in Cuba.

As Vice President of the Pan American Cycling Confederation, Mike has developed many friendships with Cuban sports officials and he offers a trip unlike any others.



HOW CAN I REGISTER OR GET MORE INFORMATION?

Visit www.cubasporttrips.com
for a registration form.

A \$500.00 deposit is required with your
completed registration form by
September 1, 2018 to guarantee
a spot and clothing.

You may also email Mike Fraysse
at mfsr@citlink.net
or call (845) 856-3335
or write:
P.O. Box 329
Glen Spey, NY 12737

COPA INTERNATIONAL CYCLING CHAMPIONSHIPS

• HAVANA, CUBA •

November 10-18, 2018





COPA INTERNATIONAL CYCLING CHAMPIONSHIPS

Individual Time Trial:
Havana-Mezena Highway

Road Race:
Santa Maria del Mar Road Circuit

Circuit Race:
Havana del Este

Criterium:
Santa Maria Motor Pista

ALL CATEGORIES

Individual Time Trial, Road Race,
Circuit Race, Criterium,

WHO CAN ATTEND?

The competition is open to amateur Senior Men Elite Cat., Cat. 1-5; Elite Women Cat. 1-4; Junior Men & Women 15-18; Master Men & Women in 5-year increments—35-70+. A valid USA Cycling license is required.

Non-competitors, such as trainers, coaches, support staff, mechanics and People-to-People Ambassadors must have an America's Cycling Team membership card which will be supplied after your deposit is received.

HOW MUCH DOES IT COST?

The total cost for competitors is \$2,795.00 per person double occupancy for the 9-day trip if booked by September. After September 1, the cost is \$2,995.00. An additional \$300.00 charge applies for single occupancy. For non-competitors, the cost is \$2,495.00 before September 1; \$2,695.00 after September 1. An additional \$300 charge applies for single occupancy.

The cost includes round-trip airfare from Miami to Havana.

WHAT CAN I BRING?

You may bring ONE bike bag or box weighing no more than 50 pounds. One suitcase and one carry-on bag that has to satisfy the airline size requirement. There is a 44-pound weight limit. Overweight will be charged at the rate of \$1.00 per pound.

SCHEDULE

Nov. 10	Depart Miami
Nov. 11-12	Training
Nov. 13	Individual Time Trial
Nov. 14	Circuit Race
Nov. 15	Road Race
Nov. 16	Criterium
Nov. 17	Sight-seeing in Havana, Dinner at Hotel National (optional)
Nov. 18	Depart Havana; Return to Miami